

KNOW YOUR RISKS FOR COVID-19

University of Belize



If you believe you have come in contact with someone in the community who has been diagnosed with COVID-19 (coronavirus)
Here is How You Can Determine Your Risk

High Risk

Close household contact with a person who tested positive for COVID-19

Medium Risk

Sustained close contact (15 minutes or longer) within 6ft of a person with COVID-19 while they had symptoms

Low Risk

Being in the same room as a person who tested positive for COVID-19, had symptoms, and you were within 6ft and wearing your mask properly

No Risk

Briefly walking by a person who tested positive for COVID-19 and was not experiencing symptoms

Individuals who are at high-risk of becoming ill from COVID-19 include older adults and individuals with serious chronic or long-term medical conditions



**IF YOU ARE EXPERIENCING SYMPTOMS, CONTACT YOUR NEAREST
HEALTHCARE PROVIDER OR CALL THE TOLL FREE MOH HOTLINE
0-800-MOH-CARE (0-800-664-2273)**